

Mr. B's Taekwon Do Class Schedule *(effective 6/20/2017)*

Families are welcome to train together in any class that matches the rank of the lowest ranking family member.

Monday (Pattern/One Steps)	Tuesday (Pattern/One Steps)	Wednesday (Sparring)	Thursday (Sparring)	Friday (Pattern/One Steps)	Saturday (Sparring)
<p style="text-align: center;"><u>All Ages</u></p> <p>Color Belt Pattern 9:00 - 9:45 AM</p> <p>Color Belt Sparring 9:45 - 10:30 AM</p>					<p style="text-align: center;"><u>All Ages</u></p> <p>Beginner - Hi Blue 8:15 - 9:00 AM</p>
<p style="text-align: center;"><u>Children</u></p> <p>Yellow - Hi Green 4:30 - 5:15</p> <p>Blue - Black 5:15 - 6:00</p>	<p style="text-align: center;"><u>Children</u></p> <p>Beginner - Hi White 4:30 - 5:15</p> <p>Yellow - Hi Blue 5:15 - 6:00</p> <p>Red and Up 6:00 - 6:45</p>	<p style="text-align: center;"><u>Children</u></p> <p>Yellow - Black 5:00 - 5:45</p> <p>Pattern Review 5:45 - 6:15</p>	<p style="text-align: center;"><u>Children</u></p> <p>Beginner - Hi White 4:30 - 5:15</p> <p>Yellow - Hi Blue 5:15 - 6:00</p> <p>Red and Up 6:00 - 6:45</p>	<p style="text-align: center;"><u>Children</u></p> <p>Little Warriors Ms. Lexi 4:30 - 5:10</p> <p>High White & Up 5:15 - 6:00</p>	<p style="text-align: center;"><u>All Ages</u></p> <p>Red - Black 9:00 - 10:00 AM</p> <p>Instructor's Class 10:00 - 10:30 AM Mr. B & Staff (Students must be Red Belt or above to attend this class unless you have special permission from Mr. B)</p>
<p style="text-align: center;"><u>Teens/Adults</u></p> <p>Beginner - Hi Blue 6:00 - 7:00</p> <p>Red - Black 7:00 - 8:00</p>	<p style="text-align: center;"><u>All Ages</u></p> <p>Black Belts 6:45 - 7:45</p> <p style="text-align: center;"><u>Teens/Adults</u></p> <p>Color Belts 7:30 - 8:15</p>	<p style="text-align: center;"><u>Teens/Adults</u></p> <p>Yellow - Black 6:15 - 7:00</p> <p>Pattern Review 7:00 - 7:30</p>	<p style="text-align: center;"><u>Teens/Adults</u></p> <p>All Ranks 7:00 - 8:00</p>	<p style="text-align: center;"><u>Teens/Adults</u></p> <p>Beginner - Hi Green 5:15 - 6:00</p> <p>Blue - Black 6:00 - 7:00</p>	<p style="text-align: center;"><u>All Ages</u></p> <p>Demo Team 10:30 - End AM</p>



Mr. B's Taekwon Do
30 Willand Drive, Somersworth, NH 03878

Phone: 603-534-3868

www.mrbtkd.com

kickwithus@comcast.net